



HAMPSHIRE COTTAGE







AT HOME WITH ...

Owners Lisa Barber. a business mentor who runs Roots and Wings (rootsandwings.biz), and her husband, Jules, a GP. They live here with Sam, five, and Emily, four, and moved here in 2012.

House A semi-detached farmworker's cottage with four bedrooms, built around 1900 and extended by the previous owners.

JISCOVETING an idyllic cottage in a pretty Hampshire village was one of the strangest experiences of Lisa Barber's life. 'I had a newborn baby and a one-year-old, so I had gone to bed early," says Lisa. 'We had put house-hunting on hold, but I was drifting off to sleep when I felt an overwhelming urge to check my phone for messages. Seconds later, I had goosebumps because I just knew that on the screen before my eyes was our dream home."

At the time Lisa and her husband, Jules, were living in the centre of Winchester. 'When Emily came along 13 months after Sam, the home that had seemed so spacious suddenly felt very cramped,' she says. Even though she felt sure she'd found their new home in the country, Lisa is a city girl at heart and was apprehensive about moving out. 'I was worried about feeling isolated,' she says. 'My father had also moved to Winchester not long before. But we knew we'd get more for our money if we looked further afield." So, buoyed by her internet discovery, Lisa set up a viewing.

'The moment we arrived, I fell in love with the location,' she says. 'The views were stunning and I remember the astonished look on Jules's face when the estate agent told us that the orchard in front of the cottage was included. When we went inside we knew this was the house for us."

Once the house was purchased, Lisa looked for an interior designer to help her create a fresh, personal look. 'Although >>

Kitchen Stonecoloured units, oak worktops and a limestone floor create a feeling of space. A handy sideboard (above right) links the dining and cooking areas. Units, Neptune. Floor tiles, Indigenous. Sideboard, Neptune. Lampshades, Peony & Sage.









I knew what appealed to me, I wasn't sure how to turn it into reality,' Lisa says. 'And a lot of my energy was focused on the children and my father, who was ill.' Josephine Burlingham of Country & Coastal Interiors had the flair Lisa was looking for to create the family home she wanted.

When, sadly, Lisa's father died, she decided to cherish his memory by including the treasures she inherited in the cottage's decoration. 'I wanted to keep and enjoy the objects and furniture I'd loved since I was a child,' she says. Working with Lisa, Josephine was able to come up with ways to breathe new life into some of these pieces.

The transformation of the cottage also became the springboard behind Lisa's new business, Roots and Wings. 'I wanted to use my marketing experience to run kitchentable workshops from home, mentoring small business owners about promoting their work,' says Lisa. 'I love our cottage, and I think my clients pick up on the calm yet stimulating vibe from the moment they walk in. It's hard to put my finger on it, but I feel it's almost as though all the love that Josephine and I poured into the project radiates back from every nook and well-considered cranny. And it seems that while I was establishing new roots and a safe haven for my family here, with my new business I've been given the chance to fly - and I'm loving every moment."

2 Country & Coastal Interiors, 07817 672287, countryandcoastalinteriors.com. »

Guest bedroom Lisa inherited the rocking chair from her father and had it reupholstered. Chair fabric, 'Tweed' in Skye and Teal by Peony & Sage, Hatbox, covered in Blue Roses by Kate Forman.

Bathroom A palette of neutrals creates an easy-onthe-eye scheme. Walls, painted in Light Gray; woodwork painted in Clunch, both by Farrow & Ball.





Glazed dresser

Tucked away behind glass doors, your best china will stay dust-free and sparkling.

Need to know...

The classic dresser sits on a deeper base, thus creating a shelf, but glassfronted cabinets also come with the top and bottom sections lined up for a crisp, contemporary profile. You can also buy fitted versions to customise with knobs or optional cornicing. For convenience, doors can slide, or wider cabinets can be fitted with double doors, hinged to fold as they open. To highlight the contents, fit LED strip lighting to the shelves.

Where to buy ...

- · Leporello for a painted model with arched top.
- · Neptune for classic glazed dressers.
- . The Kitchen Dresser Company for a bespoke dresser with sliding doors.



Choose casual woven furniture. Lloyd Loom Bourne Double Weave Back dining chair, £277, Maycroft Lloyd Loom Centre.



Add a farmhouse touch to breakfast. Enamel jug, H26cm, col Cream, £14, Coastal Home. Pheasant mug. 300ml. Emma Bridgewater.

Be inspired by Lisa's dining area



Store china in a freestanding cupboard. Wiltshire mini sideboard, H80xW75x D34cm, £275, The Cotswold Company.

FIND THE PERFECT

STONE FLOORING





1 Regent tumbled limestone, from £40.80 sq m; 2 Jaipur limestone; 3 Keynes Mix, both from £34.80

sq m; all Beswick Stone.





Light candles to create an ambience. Zola candlesticks, H24cm, 16cm and 12.5cm, £34.95 for 3, Nkuku.



Reflect light to brighten up the space. Overmantel mirror, H120xW105cm. col Champagne, £250, John Lewis.